



The International Society of Exercise and Immunology

**Tentative Schedule**



WASEDA University

## **The 17<sup>th</sup> ISEI Symposium (ISEI 2026 Tokyo)**

### **Exercise Immunology: From Scientific Basis to Practical Application** **27<sup>th</sup> – 30<sup>th</sup> August 2026**

Waseda University International Conference Center (Masaru Ibuka Auditorium)  
1-20-14 Nishi Waseda, Shinjuku-ku, Tokyo, 169-0051, Japan

| Thursday<br>27 Aug. 2026 | Friday<br>28 Aug. 2026 | Saturday<br>29 Aug. 2026 | Sunday<br>30 Aug. 2026 |
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|             |                   |                                    |                                        |                                   |
|-------------|-------------------|------------------------------------|----------------------------------------|-----------------------------------|
| 09:00-10:30 |                   | Session 1<br>Immune modulation     | Session 5<br>Infection                 | Session 9<br>Environmental issues |
| 10:30-11:00 |                   | Coffee break                       | Coffee break                           | Coffee break                      |
| 11:00-12:30 |                   | Session 2<br>Mucosal immunity      | Session 6<br>Growth / Aging            | Session 10<br>Clinical issues     |
| 12:30-14:00 | Registration      | Lunch<br>Board meeting             | Lunch                                  | Closing & Awards                  |
| 14:00-15:30 |                   | Session 3<br>Inflammation          | Session 7<br>Lifestyle-related disease |                                   |
| 15:30-16:00 |                   | Coffee break                       | Coffee break                           |                                   |
| 16:00-17:30 | Opening & Keynote | Session 4<br>Omics / Methodologies | Session 8<br>Malignancy                |                                   |
| 18:00-20:00 | Welcome reception | Poster session                     | Poster session                         |                                   |